

Breakfast

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Items	Pork sausages Scrambled eggs Baked Beans Hash Browns	Grilled bacon Fried eggs Mushrooms Baked Beans	Chicken sausage Poached egg Grilled tomatoes Hash browns Baked beans	Pancakes with Chocolate sauce Boiled eggs Baked beans	Cheese on toast Mushrooms Scrambled egg Spaghetti hoops
Daily breakfast items	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves
Fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit
Hydration	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea