



Lunch

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack					
Soup of the day	Chefs soup of the day with fresh baked bread & topping (gf bread available)				
Main	Beef chilli bake with taco chips cheese topping	Mild chicken korma	Butchers' pork bangers served with onion gravy	Beef lasagne	Breaded fish of the day Lemon wedges Caper & dill mayo
Meat free	Mushroom stroganoff Cous Cous	Spicy bean burger with lettuce and tomato in brioche bun	Mediterranean frittata	Fully loaded hassle back squash	Vegetable samosas Homemade curry sauce
On the side	New potatoes Green beans Sweetcorn	Pilau rice Spiced roasted carrots Chaat masala salad Sambals Poppadums	Smashed potatoes Garden peas Cauliflower cheese	Freshly baked focaccia Broccoli Sweetcorn	Mushy peas Baked beans Chips
Pasta / Jacket bar	50/50 pasta tomato sauce jacket potatoes & reduced salt & sugar baked beans				
Salad bar	Selection of simple & composite salads with protein items dressings & toppings				
Dessert	Jam and coconut sponge Custard	Chocolate cheesecake pots	Seeded Granola bar	Lemmon drizzle Serve with cream	Boost It Brownie
Every day	Selection of whole & freshly cut fruit jelly, yoghurt & sweet pot				