

Salads



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Main	Fish finger wraps	Chicken curry	Fake away	Ribs & wings
Meat free	Fishless finger wraps	Cheese & tomato omelette		BBQ quorn fillet
On the side	Crushed new Lettuce Ketchup Bashed peas Sweet chilli mayo	Chickpea pea lentil & spinach dhal Mango raita Vegetable scrap bhaji Naan bites		Skinny fries Coleslaw Corn cobs Fiery tomato sauce
Salads	Selection of simple salad items & big bowl mixed salads			
Dessert	Ice lollies	Chewy boost it chocolate cookies	Strawberry & cream pots	Chefs pudding of the day
Every day	Selection of freshly cut & whole fruit			