

Breakfast

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Items	Sausage Hash browns Baked beans Mushrooms	Grilled bacon French baguette Baked Beans Fried egg	Smoked salmon Scrambled eggs Baked beans Sauté potatoes	Bacon & cheese Muffin Baked beans Poached eggs	Croissants Selection of toppings
Daily breakfast items	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Porridge station – with toppings Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves
Fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit	Cut & whole fruit
Hydration	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea	Selection of fruit juice Tea