

Lunch



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack					
Soup of the day	Chefs soup of the day with fresh baked bread & topping (gf bread available)				
Main	Spaghetti carbonara	Beef burgers or vegetable burger served in a bun	Roasted chicken with a honey glaze	TASTE TOURIST	
Meat free	Vegetarian sausage casserole	Caramelised red onion and goat's cheese tart	Vegetarian shepherd's pie		
On the side	Green beans Carrots Fresh baked garlic focaccia	Julienne fries BBQ beans Corn	Roast skin on potatoes Roasted roots Peas		
Pasta / Jacket bar	50/50 pasta tomato sauce jacket potatoes & reduced salt & sugar baked beans				
Salad bar	Selection of simple & composite salads with protein items dressings & toppings				
Dessert	Marble sponge Custard	Berry ripple cheesecake	Pear and chocolate crumble Custard	Golden syrup tart Cream	Boost It shortbread
Everyday	Selection of whole & freshly cut fruit jelly, yoghurt & sweet pot				